

HEEL MEDICATIONS

# Musculoskeletal Disorders Reference Book



**-Heel**

Healthcare designed by nature

Navigate by key products ↓

|   | Traumeel | Zeel | Spascupreel | Discus compositum | Kalmia compositum | Neuralgo-Rheum-Injeel | Colocynthis-Homaccord | Lymphomyosot |
|---|----------|------|-------------|-------------------|-------------------|-----------------------|-----------------------|--------------|
| <b>Main product</b>   | ●        |      |             |                   |                   |                       |                       |              |
| <b>Supportive product</b>   |          |      |             |                   |                   |                       |                       |              |
| <b>Main Heel products</b> for the following symptoms and conditions   |          |      |             |                   |                   |                       |                       |              |
| <p>Symptomatic treatment of acute traumatic injuries, for example: sprains, strains, dislocations, bruises</p> <p>Symptomatic and supportive treatment of chronic conditions including overuse injury, for example: carpal tunnel syndrome, epicondylitis*</p> <p>Supportive treatment of degenerative and rheumatic joint diseases including: osteoarthritis, knee arthrosis, polyarthrosis**</p> <p>Relieves muscular spasms including those after injury</p> <p>Symptomatic and supportive treatment of inflammatory and degenerative disorders of the vertebral column</p> <p>Disorders of tendons, ligaments and peirosteum</p> <p>Symptomatic treatment of all types of neuralgic pain, for example: intercostal neuralgia, post-herpetic neuralgia</p> <p>Symptomatic treatment of soft tissue rheumatism</p> <p>Symptomatic treatment of neuralgia and other pain specially associated with the lower back and from various causes/etiologies, for example sciatica</p> <p>Restoration of lymphatic flow following traumatic injury to help relieve pain, inflammation and swelling</p> | ●        | ●    | ●           | ●                 | ●                 | ●                     | ●                     | ●            |

Navigate by Leading symptoms ↑

\* Overuse injuries often have a central nervous system component which can be treated with Neurexan  
 \*\* If you have Zeel comp. N in your market please add Cartilago suis-injeel to the treatment

| Product   | Indications  |      |
|---|--|------|
| Traumeel  | <ul style="list-style-type: none"> <li>• Traumatic injuries of the musculo-skeletal system</li> <li>• Acute and chronic disorders of the musculoskeletal system</li> <li>• Inflammation regulation following injury to the musculoskeletal system</li> </ul> | 3.4  |
| Zeel*   | <ul style="list-style-type: none"> <li>• Arthritic degeneration</li> <li>• Arthritic stiffness</li> <li>• Arthritic pain</li> </ul>  | 3.11 |
| * If you have Zeel comp. N in your market please add Cartilago suis-Injeel to the treatment |  |      |
| Colocynthis-Homaccord   | <ul style="list-style-type: none"> <li>• Symptomatic treatment of neuralgia originating primarily from the lumbar region</li> <li>• Other pain specially associated with the lower back and from various causes/etiologies, for example sciatica</li> </ul>  | 3.13 |
| Discus compositum   | <ul style="list-style-type: none"> <li>• Inflammatory and degenerative disorders of the vertebral column</li> </ul>  | 3.14 |
| Kalmia compositum   | <ul style="list-style-type: none"> <li>• Disorders of tendons, ligaments and periosteum</li> </ul>   | 3.15 |
| Lymphomyosot  | <ul style="list-style-type: none"> <li>• Restoring lymphatic flow following traumatic injury</li> <li>• Supporting reduction of swelling and inflammation</li> <li>• Reducing lymphatic edema</li> </ul>   | 3.16 |
| Neuralgo-Rheum-Injeel   | <ul style="list-style-type: none"> <li>• Symptomatic treatment of all types of neuralgic pain, for example: intercostal neuralgia, postherpetic neuralgia</li> <li>• Symptomatic treatment of soft tissue rheumatism</li> </ul>                              | 3.17 |
| Spascupreel   | <ul style="list-style-type: none"> <li>• Muscular spasms</li> </ul>  | 3.18 |



## First-line natural therapy for musculoskeletal injuries and inflammation with the efficacy of NSAIDs and better tolerability




- Traumatic injuries of the musculoskeletal system
- Acute and chronic disorders of the musculoskeletal system
- Inflammation regulation following injury to the musculoskeletal system



### Product Benefits

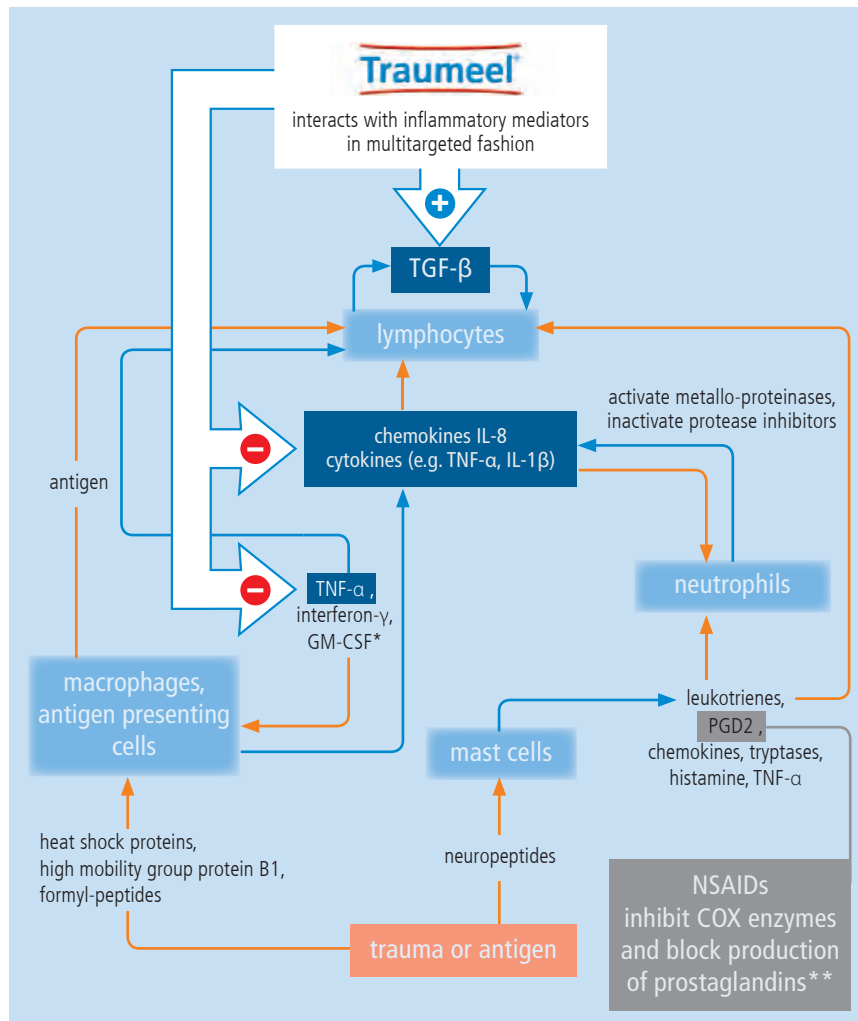
- As effective as NSAIDs in the treatment of musculoskeletal injuries and inflammation<sup>1</sup>
  - in pain reduction
  - in improvement of function
- Traumeel® has fewer side effects than NSAIDs<sup>2,3,4</sup>
- Traumeel® is available in tablets, ointment, gel and ampoules, for optimal flexibility of administration<sup>5</sup>
  - Traumeel® can be used in patients of all ages.<sup>6,7</sup>
- Novel multi-targeted mechanism of action on inflammation
  - stimulates anti-inflammatory cytokines
  - inhibits pro-inflammatory cytokines

## Dosage Recommendations

|  |                                  | ACUTE DOSAGE                               | STANDARD DOSAGE         |
|--|----------------------------------|--|-------------------------|
|  <b>Tablets</b>                                       | Adults (and children > 12 years) | 1 tablet every 1/2-1 hour, up to 12x daily | 1 tablet 3x daily       |
|  | Children 6-11 years              | 1 tablet every 1-2 hours, up to 8x daily   | 1 tablet 2x daily       |
|  | Children 2-5 years               | 1 tablet every 1-2 hours, up to 6x daily   | 1 tablet 1-2x daily     |
|  | Children 0-2 years               | 1 tablet every 1-2 hours, up to 4x daily   | 1 tablet 1x daily       |
|  <b>Injection solution</b><br>i.m., s.c., i.a., i.v. | Adults (and children > 12 years) | 1 ampoule daily                            | 1 ampoule 1-3x weekly   |
|  | Children 6-11 years              | 2/3 ampoule daily                          | 2/3 ampoule 1-3x weekly |
|  | Children 2-5 years               | 1/2 ampoule daily                          | 1/2 ampoule 1-3x weekly |
|  <b>Ointment/Gel</b>                                | Adults (and children > 12 years) | 2-3x daily                                 | 2-3x daily              |
|  | Children 6-11 years              | 2-3x daily                                 | 2-3x daily              |
|  | Children 2-5 years               | 2-3x daily                                 | 2-3x daily              |
|  | Children 0-2 years               | 2-3x daily                                 | 2-3x daily              |
| For further information, see package insert.   |                                  |  |                         |

## Mechanism of action

### Traumeel® has a novel multi-targeted mechanism of action on inflammation



The observed effects of Traumeel® on mediators of inflammation.<sup>8-10</sup>

→ produce

→ recruit, activate

+ stimulates anti-inflammatory cytokines

- inhibits pro-inflammatory cytokines and chemokines

\* GM-CSF = granulocyte macrophage-colony stimulating factor

\*\* inhibition of other prostaglandins (PG) by NSAIDs (e.g. PGE2) is not shown

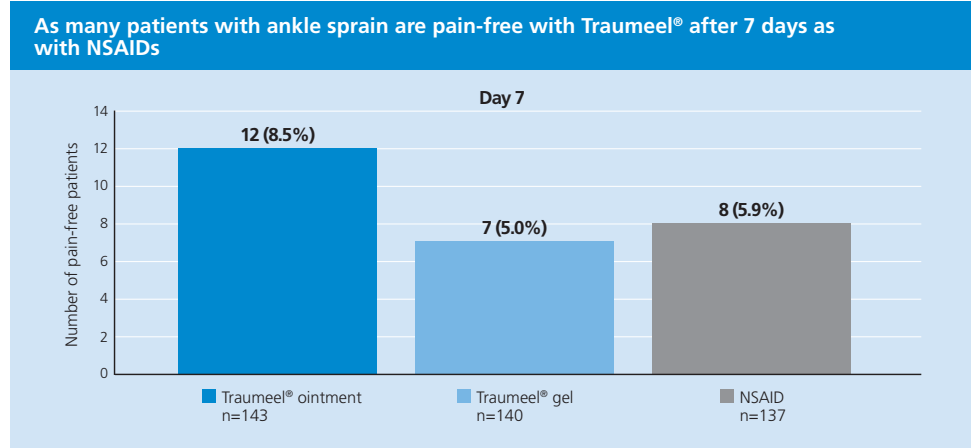
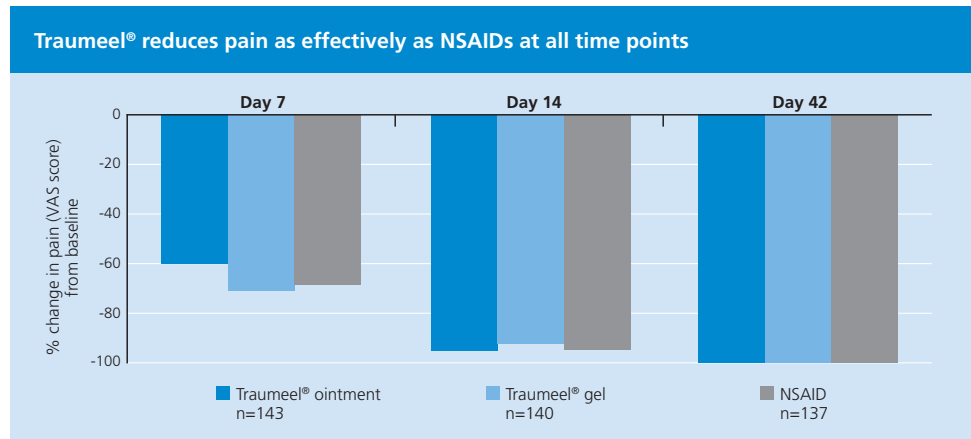
Adapted from: Nathan C. Points of control in inflammation. *Nature*. 2002;420(6917):846-852.

The mechanism of action of Traumeel® is being further investigated; the following actions have been demonstrated so far:

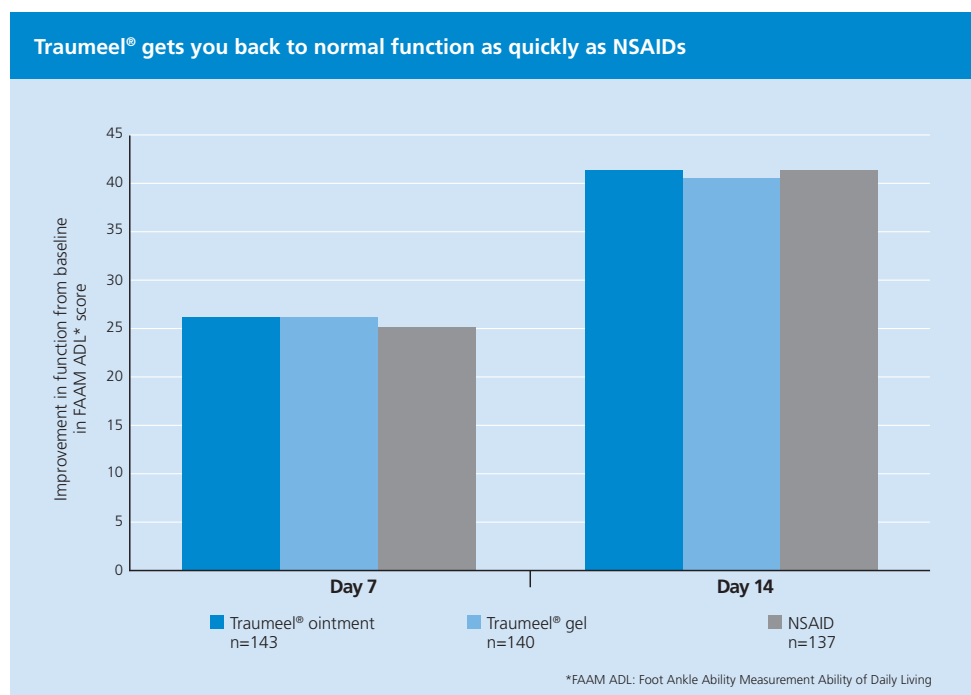
- Does not directly act on cyclooxygenase or prostaglandins thereby minimizing GI and cardiovascular side effects<sup>11</sup>
- Inhibits pro-inflammatory cytokines; IL-1β, IL-8 and TNF-α<sup>8</sup>
- Stimulates anti-inflammatory cytokines, eg, TGF-β<sup>9</sup>

## Clinical Evidence

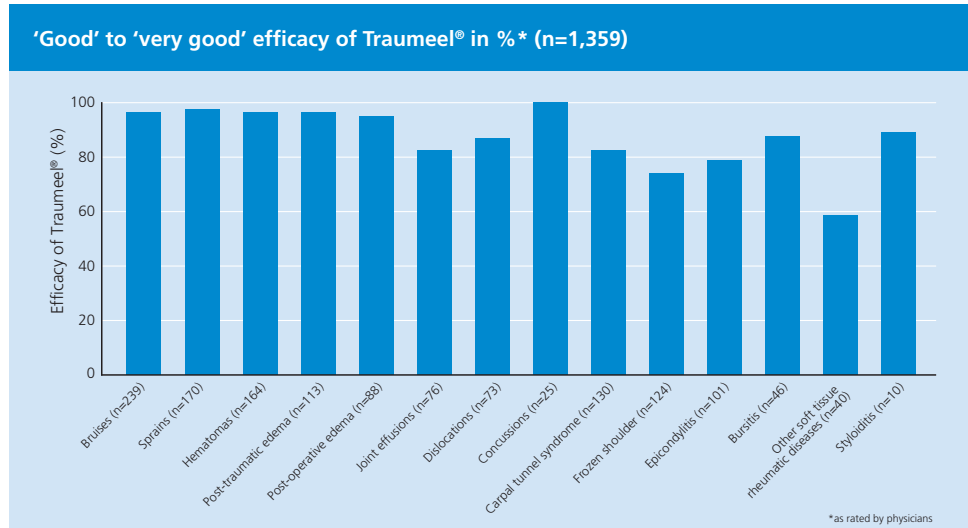
### Traumeel® is as effective as NSAIDs in reducing pain<sup>1</sup>



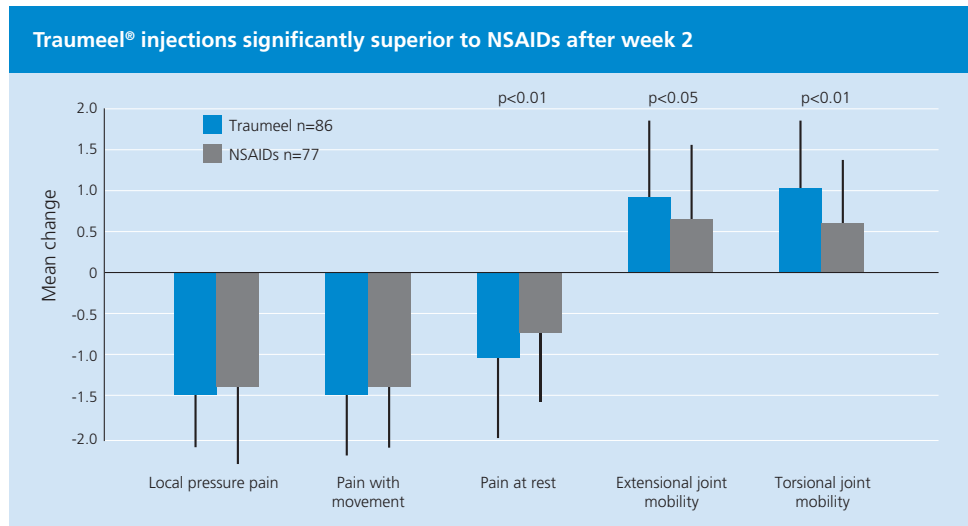
### Traumeel® is as effective as NSAIDs for improving function<sup>1</sup>



**Traumeel® oral treatment shows good efficacy in a variety of acute and chronic musculoskeletal disorders<sup>6</sup>**



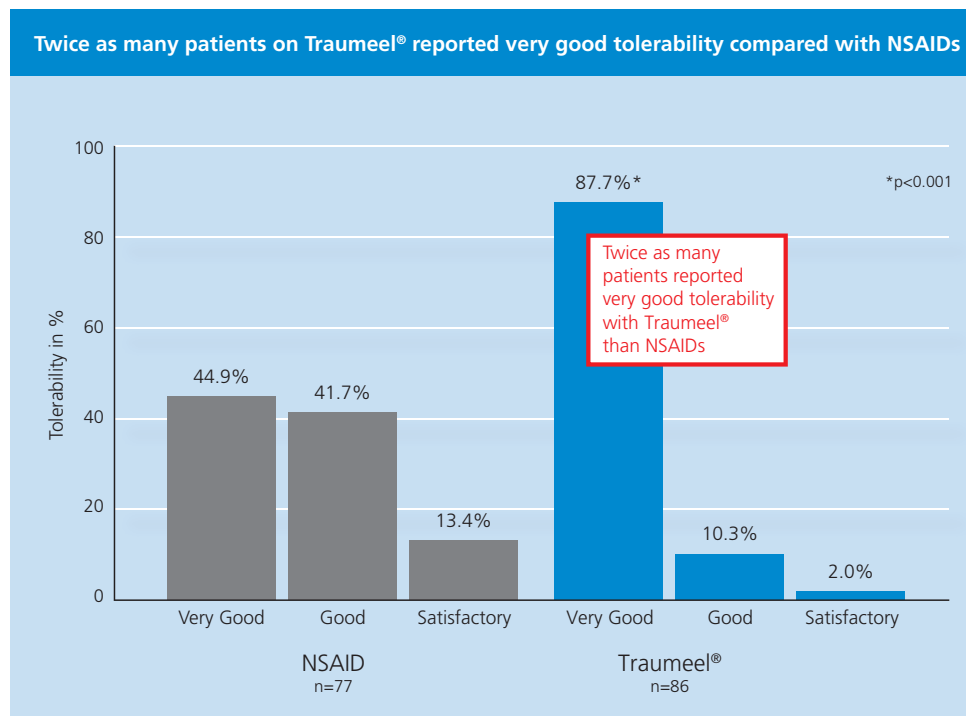
**Traumeel® injection improves pain and mobility at least as effectively as NSAIDs in acute and/or chronic overuse 'tennis elbow' (epicondylitis)<sup>2</sup>**



Adapted from Birnesser et al. 2005.



## Traumeel® is significantly better tolerated than NSAIDs<sup>2,3</sup>



Adapted from Birnesser et al. 2004: Patients of both genders, average age of 57, treated for two weeks.

- Safety assured by no known interactions with other medications<sup>5</sup>
- No GI side effects because prostaglandin synthesis is not affected<sup>11</sup>
- Traumeel® showed significantly better tolerability than conventional treatment<sup>3</sup>
- The excellent tolerability is confirmed by several observational studies with different formulations<sup>6,12,13</sup>

- 1 Gonzalez de Vega C, Gonzalez J: on behalf of the TAASS investigators. A randomized, controlled, multicentre study on the effectiveness of Traumeel (ointment and gel) in terms of pain reduction and function improvement compared with diclofenac gel in acute ankle sprain. *Annals of the Rheumatic Diseases*; 2012; Vol 71: Suppl III (SAT 0423).
- 2 Birnesser H et al. The Homeopathic Preparation Traumeel S Compared with NSAIDs for Symptomatic Treatment of Epicondylitis. *J Musculoskeletal Research* 2004;2/3(8):119-128.
- 3 Schneider C, Schneider B, Hanisch J, and van Haselen R. The Role of a homeopathic preparation compared to conventional therapy in the treatment of injuries: an observational cohort study. *Complement Ther. Med* 2008;16(1):22-27. Online: doi:10.1016/j.ctim.2007.04.004.
- 4 Schneider, C., Klein, P., Stolt, P., Oberbaum, M. A homeopathic ointment preparation compared with 1% diclofenac gel for acute symptomatic treatment of tendinopathies; *Explore* 2005;1(6):446-452.
- 5 Data on file. Biologische Heilmittel Heel GmbH.
- 6 Zenner S, Weiser M. Oral treatment of traumatic, inflammatory and degenerative conditions with a homeopathic remedy. *Biomed Ther.* 1997;XV(1):22-26.
- 7 Ludwig, J., Weiser, M. Treating Pediatric Trauma with a Homeopathic Ointment; *Biomed Ther* 2001:8-11.
- 8 Porozov S, Cahalon L, Weiser M, Branski D, Lider O, Oberbaum M. Inhibition of IL-1 $\alpha$  and TNF- $\alpha$  secretion from resting and activated human immunocytes by the homeopathic medication Traumeel S. *Clin Dev Immunol.* 2004;11(2):143-149.
- 9 Heine H, Andrä F. Zum antiinflammatorischen Wirkmechanismus eines Antihomotoxikum compositum [The anti-inflammatory action mechanism of an antihomotoxic composita remedy]. *Arztezeitschrift für Naturheilverfahren.* 2002;43(2):96-104.
- 10 Heine H, Schmolz M. Induction of the immunological bystander reaction by plant extracts. *Biomed Ther.* 1998;XVI(3):224-226.
- 11 Arora S et al. Clinical Safety of a Homeopathic Preparation. *Biomed Ther.* 2000;XVIII(2):222-225.
- 12 Zenner S, Metelmann H. Application Possibilities of Traumeel S Injection Solution; *Biological Therapy* 1992;X (4);301-310.
- 13 Zenner S, Metelmann H. Therapy Experiences with a Homeopathic Ointment: Results of Drug Surveillance Conducted on 3,422 Patients; *Biological Therapy* 1994;XII (3):204-211.

## Patient Profiles

- **Jared | 29 years**

Single

Job: Football player

Medical history: Has a hamstring strain, mild discomfort and tightness behind left thigh.

Onset primarily after football training session.



- **Connie | 77 years**

Married

House wife

Medical history: Has arthritis in her hip, occasional painful twinges in her right hip due to osteoarthritis ('wear and tear' arthritis), takes regular NSAID tablet prescription but still has some discomfort



- **Michelle | 36 years**

Single

Job: Tennis instructor

Medical history: Stiffness in her left ankle, gradual onset during tennis classes, ultrasound leading to a diagnosis of Achilles tendinopathy





## Support healing of aching degenerative joints\*

- Arthritic degeneration
- Arthritic stiffness
- Arthritic pain






\* If you have Zeel comp. N in your market please add Cartilago suis-Injeel to the treatment

## Product Benefits

- Zeel reduces stiffness and improves joint mobility in long-term treatment
- Zeel inhibits the inflammatory processes that lead to cartilage degeneration

## Dosage Recommendations

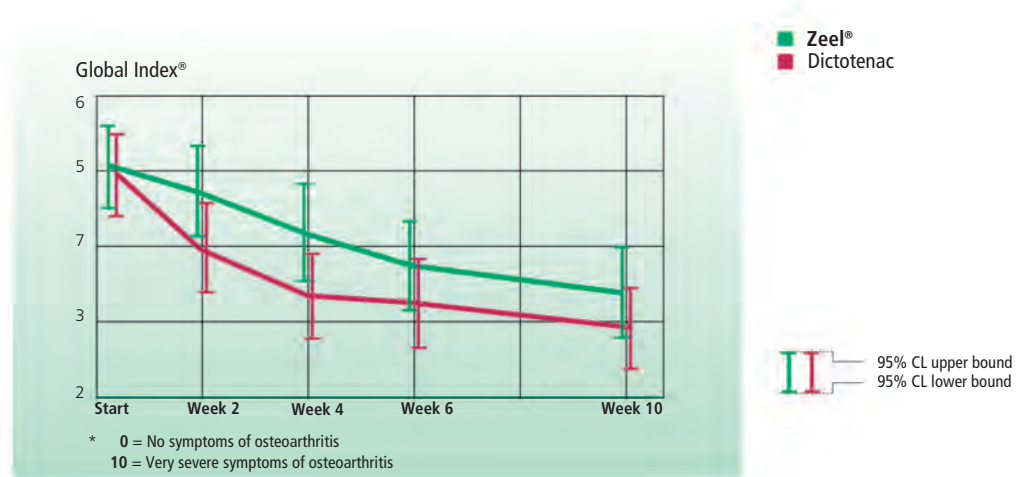
|   |                                  | ACUTE DOSAGE                               | STANDARD DOSAGE         |
|---|----------------------------------|--|-------------------------|
|  <b>Tablets</b>                                | Adults (and children > 12 years) | 1 tablet every 1/2-1 hour, up to 12x daily | 1 tablet 3x daily       |
|   | Children 6-11 years              | 1 tablet every 1-2 hours, up to 8x daily   | 1 tablet 2x daily       |
|  <b>Injection solution</b><br>s.c., i.a., i.v. | Adults (and children > 12 years) | 1 ampoule daily                            | 1 ampoule 1-3x weekly   |
|   | Children 6-11 years              | 2/3 ampoule daily                          | 2/3 ampoule 1-3x weekly |
|  <b>Ointment</b>                               | Adults (and children > 12 years) | Apply 2 to 4x daily                        | Apply 2 to 4x daily     |
|   | Children 6-11 years              | Apply 2 to 4x daily                        | Apply 2 to 4x daily     |
| For further information, see package insert.  |                                  |  |                         |

## Clinical Evidence

Zeel has been demonstrated to be both effective and well-tolerated in several controlled studies<sup>1,2,3</sup>.

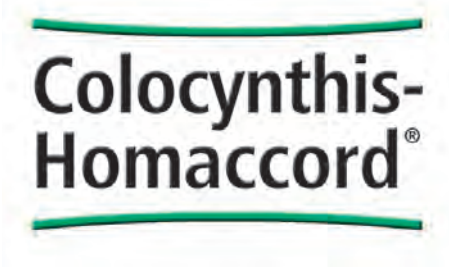
In osteoarthritis of the knee, Zeel proved to be equivalent to diclofenac in improving the WOMAC Osteoarthritis Index after 10 weeks of treatment<sup>2</sup>

### WOMAC Osteoarthritis Index (Global Mean Values)



Zeel is significantly better tolerated with less side effects than Cox II inhibitors<sup>1</sup>. There are no known drug-drug interactions with Zeel.

- 1 Birnesser H, Klein P, Weiser M. Modernes Homöopathikum ist COX-2-Hemmern ebenbürtig: Behandlung der Gonarthrose [A Modern Homeopathic Medication Works as Well as COX-2 Inhibitors: Treating Osteoarthritis of the Knee]. *Der Allgemeinarzt* (2003), 25(4): 261-64.
- 2 Maronna U, Weiser M, Klein P. Orale Behandlung der Gonarthrose mit Zeel comp. – Ergebnisse einer doppelblinden Äquivalenzstudie vs. Diclofenac (Oral Treatment of Gonarthrosis with Zeel® comp.: Results of a double-blind Equivalence Study vs. Diclofenac). *Orthopädische Praxis* (2000); 36: (5).
- 3 Nahler G, Metelmann H, Sperber H. Treating Osteoarthritis of the Knee with a Homeopathic Preparation: Results of a Randomized, Controlled, Clinical Trial in Comparison with Hyaluronic Acid. *Orthopädische Praxis* (1996), 32 (5): 354-59 (English translation in: *Biom Ther* 1998; 16(2): 186-91).





**Helps relieve nerve pain in the lumbar region**

- Symptomatic treatment of neuralgia originating primarily from the lumbar region
- Other pain specially associated with the lower back and from various causes/etiologies, for example sciatica



Dosage Recommendations

|   |                                  | ACUTE DOSAGE                               | STANDARD DOSAGE         |
|---|----------------------------------|--|-------------------------|
|  <p><b>Injection solution</b><br/>i.m., s.c., i.d., i.v.</p> | Adults (and children > 12 years) | 1 ampoule daily for 3 days                 | 1 ampoule 1-3x weekly   |
|   | Children 6-11 years              | 2/3 ampoule daily for 3 days               | 2/3 ampoule 1-3x weekly |
|   | Children 2-5 years               | 1/2 ampoule daily for 3 days               | 1/2 ampoule 1-3x weekly |
|   | Children 0-2 years               | 3 drops every 1/2-1 hour, up to 12x daily  | 3 drops 3x daily        |
|  <p><b>Drops</b></p>   | Adults (and children > 12 years) | 10 drops every 1/2-1 hour, up to 12x daily | 10 drops 3x daily       |
|   | Children 6-11 years              | 7 drops every 1/2-1 hour, up to 12x daily  | 7 drops 3x daily        |
|   | Children 2-5 years               | 5 drops every 1/2-1 hour, up to 12x daily  | 5 drops 3x daily        |
|   | Children 0-2 years               | 3 drops every 1/2-1 hour, up to 12x daily  | 3 drops 3x daily        |

For further information, see package insert.



**Comprehensive support  
for repair of disc disorders**

- Inflammatory and degenerative disorders of the vertebral column



Dosage Recommendations



**Injection solution**  
i.m., s.c., i.d., i.v.

For further information,  
see package insert.

**STANDARD DOSAGE**

Adults (and children > 12years)

1 ampoule 1-3x weekly

Children 6-11 years

2/3 ampoule 1-3x weekly

Children 2-5 years



1/2 ampoule 1-3x weekly



## Support healing of connective tissue associated with joints

- Disorders of tendons, ligaments and periosteum

### Dosage Recommendations

|   |                                  | ACUTE DOSAGE                               | STANDARD DOSAGE       |
|---|----------------------------------|--|-----------------------|
|  <b>Injection solution</b><br>i.m., s.c., i.d., i.v. | Adults (and children > 12 years) | 1 ampoule daily                            | 1 ampoule 1-3x weekly |
|   | Children 6-11 years              | 1 ampoule daily                            | 1 ampoule 1-3x weekly |
|   | Children 2-5 years               | 1 ampoule daily                            | 1 ampoule 1-3x weekly |
|   | Children 0-2 years               | 1 ampoule daily                            | 1 ampoule 1-3x weekly |
|  <b>Drops</b>  | Adults (and children > 12 years) | 10 drops every 1/2-1 hour, up to 12x daily | 10 drops 3x daily     |
|   | Children 6-11 years              | 7 drops every 1/2-1 hour, up to 12x daily  | 7 drops 3x daily      |
|   | Children 2-5 years               | 5 drops every 1/2-1 hour, up to 12x daily  | 5 drops 3x daily      |
|   | Children 0-2 years               | 3 drops every 1/2-1 hour, up to 12x daily  | 3 drops 3x daily      |
| For further information, see package insert.  |                                  |  |                       |



**Lymphomyosot®**

**Promote the healing process  
by restoring the lymphatic flow**

- Restoring lymphatic flow following traumatic injury
- Supporting reduction of swelling and inflammation
- Reducing lymphatic edema



### Dosage Recommendations

|   |                                  | ACUTE DOSAGE                               | STANDARD DOSAGE         |
|---|----------------------------------|--|-------------------------|
|  <b>Tablets</b>                                      | Adults (and children > 12 years) | 1 tablet every 1/2-1 hour, up to 12x daily | 1 tablet 3x daily       |
|   | Children 6-11 years              | 1 tablet every 1-2 hours, up to 8x daily   | 1 tablet 2x daily       |
|   | Children 2-5 years               | 1 tablet every 1-2 hours, up to 6x daily   | 1 tablet 1-2x daily     |
|   | Children 0-2 years               | 1 tablet every 1-2 hours, up to 4x daily   | 1 tablet 1x daily       |
|  <b>Injection solution</b><br>i.m., s.c., i.d., i.v. | Adults (and children > 12 years) | 1 ampoule daily                            | 1 ampoule 1-3x weekly   |
|   | Children 6-11 years              | 2/3 ampoule daily                          | 2/3 ampoule 1-3x weekly |
|   | Children 2-5 years               | 1/2 ampoule daily                          | 1/2 ampoule 1-3x weekly |

For further information, see package insert.



# Neuralgo- Rheum-Injeel®

**Helps relieve all types  
of nerve pain**

- Symptomatic treatment of all types of neuralgic pain, for example: intercostal neuralgia, postherpetic neuralgia
- Symptomatic treatment of soft tissue rheumatism



## Dosage Recommendations



Injection solution  
i.m., s.c., i.d., i.v.

For further information,  
see package insert.

### ACUTE DOSAGE

### STANDARD DOSAGE

Adults  
(and children  
> 12 years)

1 ampoule daily

1 ampoule  
1-3x weekly

Children  
6-11 years

1 ampoule daily

1 ampoule  
1-3x weekly

Children  
2-5 years

1 ampoule daily

1 ampoule  
1-3x weekly

Children  
0-2 years

1 ampoule daily

1 ampoule  
1-3x weekly



## Relieves muscular spasms including those after injury



- Muscular spasms



### Product Benefits

- Provides fast and effective relief of acute spasmodic conditions
- Offers an excellent tolerability and safety profile – short-term and long-term

### Dosage Recommendations

|   |                                  | ACUTE DOSAGE                               | STANDARD DOSAGE         |
|---|----------------------------------|--|-------------------------|
|  <b>Tablets</b>                                      | Adults (and children > 12 years) | 1 tablet every 1/2-1 hour, up to 12x daily | 1 tablet 3x daily       |
|   | Children 6-11 years              | 1 tablet every 1-2 hours, up to 8x daily   | 1 tablet 2x daily       |
|   | Children 2-5 years               | 1 tablet every 1-2 hours, up to 6x daily   | 1 tablet 1-2x daily     |
|   | Children 0-2 years               | 1 tablet every 1-2 hours, up to 4x daily   | 1 tablet 1x daily       |
|  <b>Injection solution</b><br>i.m., s.c., i.d., i.v. | Adults (and children > 12 years) | 1 ampoule daily                            | 1 ampoule 1-3x weekly   |
|   | Children 6-11 years              | 2/3 ampoule daily                          | 2/3 ampoule 1-3x weekly |
|   | Children 2-5 years               | 1/2 ampoule daily                          | 1/2 ampoule 1-3x weekly |

For further information, see package insert.

# Product Information

## Traumeel® • Tablets • Injection solution

**Compositions:** **Tablets:** 1 tablet = 301.5 mg containing: Active ingredients: Atropa belladonna D4 75 mg; Aconitum napellus D3, Hepar sulfuris D8, Mercurius solubilis Hahnemannii D8, 30 mg each; Chamomilla recutita D3, Symphytum officinale D8 24 mg each; Achillea millefolium D3, Arnica montana D2, Calendula officinalis D2, Hamamelis virginiana D2, 15 mg each; Bellis perennis D2, Echinacea angustifolia D2, Echinacea purpurea D2 6 mg each; Hypericum perforatum D2 3 mg. Excipients: Lactose monohydrate 6.0 mg, Magnesium stearate 1.5 mg. **Injection solution:** 2.2 g containing: Active ingredients: Achillea millefolium D3, Arnica montana D2, Atropa belladonna D2, Calendula officinalis D2, Hepar sulfuris D6, Chamomilla recutita D3, Symphytum officinale D6, 2.2 mg each; Aconitum napellus D2 1.32 mg, Bellis perennis D2 1.1 mg; Mercurius solubilis Hahnemannii D6 1.1 mg; Hypericum perforatum D2 0.66 mg, Echinacea angustifolia D2, Echinacea purpurea D2 0.55 mg each; Hamamelis virginiana D1 0.22 mg. Excipients: Sodium chloride 19.4 mg, water for injections 2179.1 mg.

**Indications:** **Tablets, injection solution:** Traumatic injuries of all kinds such as sprains, dislocations, contusions, haemarthrosis and effusions into a joint; regulation of inflammatory processes in various organs and tissues, including in particular acute and chronic/degenerative disorders of the musculoskeletal system.

**Contraindications:** **Injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients, including plants of the daisy family (Asteraceae) such as Arnica montana (arnica), Calendula officinalis (pot marigold), Matricaria recutita (chamomile), Echinacea (coneflower), Achillea millefolium (yarrow), Bellis perennis (daisy).

**Special warnings and special precautions for use:** **Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None.

**Side effects:** **Tablets:** Allergic (hypersensitivity) skin reactions may occur in very rare cases (i.e. affects less than 1 in 10,000 users). **Injection solution:** Allergic (hypersensitivity) reactions (e.g. skin allergies, redness/swelling at the injection site, even up to anaphylaxis) may occur in very rare cases (i.e. affects less than 1 in 10,000 users).

**Interactions with other medication:** **Tablets, injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation:** **Tablets, injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines:** **Tablets, injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage:** **Tablets:** Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily; 6–11 yrs.: 1 tablet 2x daily; 2–5 yrs.: 1 tablet 1–2x daily; below 2 yrs.: 1 tablet 1x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage; 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage; 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage; below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. Method of administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly; 6–11 yrs.: ½ of an ampoule 1 to 3x weekly; 2–5 yrs.: ¼ ampoule 1 to 3x weekly. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage; 6–11 yrs.: ½ of an ampoule daily, and then continue with standard dosage; 2–5 yrs.: ¼ ampoule daily, and then continue with standard dosage. Method of administration: Solution for injection may be administered by the s.c., i.d., i.m., i.a. or i.v. route.

**Overdose:** **Tablets, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes:** **Tablets (9753):** Packs containing 50 and 250 tablets. **Injection solution (8651):** Packs containing 10 and 100 ampoules of 2.2 ml each.

## Zeel® T • Tablets • Injection solution • Ointment

**Compositions:** **Tablets:** 1 tablet = 301.5 mg containing: Active ingredients: Acidum DL-alpha lipionicum D6 0.03 mg, Acidum silicicum D6 3.00 mg, Arnica montana D1 0.60 mg, Cartilago sus D4 0.30 mg, Coenzym A D6 0.03 mg, Embryo totalis sus D4 0.30 mg, Funiculus umbilicalis sus D4 0.30 mg, Nadidum D6 0.03 mg, Natrium diethyloxalacetatum D6 0.03 mg, Placenta totalis sus D4 0.30 mg, Rhus toxicodendron D2 0.54 mg, Sanguinaria canadensis D3 0.45 mg, Solanum dulcamara D2 0.15 mg, Sulfur D6 0.54 mg, Symphytum officinale D8 0.15 mg. Excipients: Lactose monohydrate 296.94 mg, magnesium stearate 1.50 mg. **Injection solution:** 2.0 g containing: Acidum DL-alpha lipionicum D8 2.0 mg, Arnica montana D4 200.0 mg, Cartilago sus D6 2.0 mg, Coenzym A D8 2.0 mg, Embryo totalis sus D6 2.0 mg, Funiculus umbilicalis sus D6 2.0 mg, Nadidum D8 2.0 mg, Natrium diethyloxalacetatum D8 2.0 mg, Placenta totalis sus D6 2.0 mg, Rhus toxicodendron D2 10.0 mg, Sanguinaria canadensis D4 3.0 mg, Solanum dulcamara D3 10.0 mg, Sulfur D6 3.6 mg, Symphytum officinale D6 1.00 mg. Excipients: Sodium chloride 17.6 mg, water for injections 1747.4 mg. **Ointment:** 100 g containing: Active ingredients: Acidum DL-alpha lipionicum D6 0.010 g, Acidum silicicum D6 1.000 g, Arnica montana D2 0.300 g, Cartilago sus D2 0.001 g, Coenzym A D6 0.010 g, Embryo totalis sus D2 0.001 g, Funiculus umbilicalis sus D2 0.001 g, Nadidum D6 0.010 g, Placenta totalis sus D2 0.001 g, Rhus toxicodendron D2 0.270 g, Sanguinaria canadensis D2 0.225 g, Solanum dulcamara D2 0.075 g, Sulfur D6 0.270 g, Symphytum officinale D8 0.750 g. Excipients: Cetostearyl alcohol (type A), emulsifying 8.007 g, ethanol 96% (V/V) 9.565 g, paraffin, liquid 9.342 g, white soft paraffin 9.342 g, water, purified 60.810 g.

**Indications:** **Tablets, injection solution, ointment:** Arthrosis/osteoarthritis, and/or rheumatic joint diseases.

**Contraindications:** **Tablets, injection solution, ointments:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use:** **Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution:** None. **Ointment:** Cetylstearyl alcohol may cause local skin reactions (e.g. contact dermatitis). Avoid contact with eyes, mucosae, open wounds or broken skin.

**Side effects:** **Tablets, injection solution:** Like all medicinal products, homeopathic medicines may cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known. **Ointment:** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

**Interactions with other medication:** **Tablets, injection solution, ointment:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation:** **Tablets, injection solution, ointment:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines:** **Tablets, injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions. **Ointment:** Not applicable.

**Dosage:** **Tablets:** Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily; 6–11 yrs.: 1 tablet 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage; 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. Method of administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly; 6–11 yrs.: ½ of an ampoule 1 to 3x weekly. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage; 6–11 yrs.: ½ of an ampoule daily, and then continue with standard dosage. Method of administration: Zeel, Solution for injection may be administered by the s.c., i.d., i.m., i.a. or i.v. route. **Ointment:** Standard dosage: Adults (and children 12 yrs. and older): Apply 2 to 4x daily; 6–11 yrs.: Apply 2 to 4x daily. Method of administration: For external use only. Apply a thin layer over the affected area.

**Overdose:** **Tablets, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions. **Ointment:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions and external use.

**Package sizes:** **Tablets (9757):** Packs containing 50, 100 and 250 tablets. **Injection solution (8705):** Packs containing 10, 50 and 100 ampoules of 2.0 ml each. **Ointment (9588):** Tubes containing 50 and 100 g.

## Colocyntin-Homaccord® • Oral drops • Injection solution

**Compositions:** **Oral drops:** 100 g contains: Active ingredients: Citrullus colocyntis D10 0.8 g, Citrullus colocyntis D30 0.8 g, Citrullus colocyntis D200 0.8 g, Pseudognaphalium obtusifolium D10 0.2 g, Pseudognaphalium obtusifolium D30 0.2 g, Pseudognaphalium obtusifolium D200 0.2 g, Citrullus colocyntis D2 0.8 g, Pseudognaphalium obtusifolium D1 0.2 g. Excipients: Contains 35 vol.-% alcohol. Water, purified 67.7 g. **Injection solution:** 1 ampoule = 1.1 g contains: Active ingredients: Citrullus colocyntis D4 8.8 mg, Citrullus colocyntis D10 8.8 mg, Citrullus colocyntis D30 8.8 mg, Citrullus colocyntis D200 8.8 mg, Pseudognaphalium obtusifolium D3 2.2 mg, Pseudognaphalium obtusifolium D10 2.2 mg, Pseudognaphalium obtusifolium D30 2.2 mg, Pseudognaphalium obtusifolium D200 2.2 mg. Excipients: Sodium chloride 10.2 mg, Water for injections 1056 mg.

**Indications:** **Oral drops, injection solution:** Neuralgia, especially in the region of the sciatic nerve; osteochondrosis, especially of the lumbar vertebrae.

**Contraindications:** **Oral drops, injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use:** **Oral drops:** This medicinal product contains 35 vol.-% ethanol (alcohol). **Injection solution:** None.

**Side effects:** **Oral drops, injection solution:** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

**Interactions with other medication:** **Oral drops, injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation:** **Oral drops, injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines:** **Oral drops, injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage:** **Oral drops:** Standard dosage: Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 12 yrs.: There is no relevant use of Colocyntin-Homaccord, Oral drops in children below 12 years in the indications specified. Acute or Initial Dosage: Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 12 yrs.: There is no relevant use of Colocyntin-Homaccord, Oral drops in children below 12 years in the indications specified. Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water. **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: Below 12 yrs.: There is no relevant use of Colocyntin-Homaccord, Solution for injection in children below 12 years in the indications specified. Acute or Initial Dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: Below 12 yrs.: There is no relevant use of Colocyntin-Homaccord, Solution for injection in children below 12 years in the indication specified. Method of administration: Colocyntin-Homaccord, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

**Overdose:** **Oral drops, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes:** **Oral drops, injection solution: (9735):** Drop bottles containing 30 and 100 ml. **Injection solution (8575):** Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml.

## Discus comp.-Heel® • Injection solution

**Compositions:** **Injection solution:** 1 ampoule (2.2 g) contains: Active ingredients: Acidum ascorbicum D6 22 mg, Acidum picrinicum D6 22 mg, Acidum silicicum D6 22 mg, Acidum thiocticum D8 22 mg, Aesculus hippocastanum D6 22 mg, Ammonium chloratum D8 22 mg, Argentinum metallicum D10 22 mg, Berberis vulgaris D4 22 mg, Calcium phosphoricum D10 22 mg, Cartilago sus D12 mg, Cimicifuga racemosa D4 22 mg, Cinchona pubescens D4 22 mg, Citrullus colocyntis D4 22 mg, Coenzym A D10 22 mg, Cuprum aceticum D6 22 mg, Discus intervertebralis sus D8 22 mg, Embryo totalis sus D12 mg, Funiculus umbilicalis sus D10 22 mg, Glandula suprarenalis sus D10 22 mg, Hydrargyrum oxydatum rubrum D10 22 mg, Kalium carbonicum D6 22 mg, Ledum palustre D4 22 mg, Medulla ossis sus D10 22 mg, Nadidum D6 22 mg, Natrium diethyloxalacetatum D6 22 mg, Natrium riboflavinum phosphoricum D6 22 mg, Nicotinamidum D6 22 mg, Pseudognaphalium obtusifolium D3 22 mg, Pulsatilla pratensis D6 22 mg, Pyridoxinum hydrochloricum D6 22 mg, Ranunculus bulbosus D4 22 mg, Secale cornutum D6 22 mg, Sepia officinalis D10 22 mg, Sulfur D28 22 mg, Thiaminum hydrochloricum D6 22 mg, Zincum metallicum D10 22 mg. Excipients: Sodium chloride 18.1–19.4 mg, water for injections 1408.0 mg.

**Indications:** **Injection solution:** Articular and intervertebral disc disorders with and without radicular symptoms. Osteochondrosis (e.g. Scheuermann's Disease), chronic joint disorders such as arthritis and arthrosis, and neuralgic pain related to the vertebral column.

**Contraindications:** **Injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use:** **Injection solution:** None.

**Side effects:** **Injection solution:** None have been reported.

**Interactions with other medication:** **Injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines:** **Injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage:** **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly; 6–11 yrs.: ¼ of an ampoule 1 to 3x weekly. Method of administration: Discus comp.-Heel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

**Overdose:** **Injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes:** **Injection solution (52253):** Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml each.

## Kalmia compositum • Oral drops • Injection solution

**Compositions:** **Oral drops:** 100 g contains: Active ingredients: Asa foetida D8 1 g, Hydrargyrum oxydatum rubrum D10 1g, Kalmia latifolia D8 1 g. Excipients: Contains 35 vol.-% alcohol. Water, purified 67.9 g. **Injection solution:** 1 ampoule = 2.2 g. Active ingredients: Asa foetida D8 22 mg, Hydrargyrum oxydatum rubrum D10 22 mg, Kalmia latifolia D8 22 mg. Excipients: Sodium chloride 20.6 mg, Water for injections 2134 mg.

**Indications:** **Oral drops, injection solution:** Relief of symptoms related to disorders of joints, muscles and connective tissues.

**Contraindications:** **Oral drops, injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use:** **Oral drops:** This medicinal product contains 35 vol.-% ethanol (alcohol). **Injection solution:** None.

**Side effects:** **Oral drops, injection solution:** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

**Interactions with other medication:** **Oral drops, injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation: Oral drops, injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines: Oral drops, injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage: Oral drops:** Standard dosage: Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. Acute or Initial Dosage: Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water. **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. Acute or Initial Dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage. Method of administration: Kalmia comp., Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

**Overdose: Oral drops, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes: Oral drops (9777):** Drop bottles containing 30 and 100 ml. **Injection solution (8523):** Packs containing 5, 10, 50 and 100 ampoules of 2.2 ml.

#### **Lymphomyosot® • Tablets • Oral drops • Injection solution**

**Compositions: Tablets:** 1 tablet = 301.5 mg containing: Active ingredients: Araneus diadematus D6 15.0 mg, Calcium phosphoricum D12 15.0 mg, Equisetum hiemale D4 15.0 mg, Ferrum iodatum D12 30.0 mg, Fumaria officinalis D4 15.0 mg, Gentiana lutea D5 15.0 mg, Geranium robertianum D4 30.0 mg, Juglans regia ssp. regia D3 15.0 mg, Levothyroxinum D12 15.0 mg, Myosotis arvensis D3 15.0 mg, Nasturtium officinale D4 30.0 mg, Natrium sulfuricum D4 15.0 mg, Pinus sylvestris D4 15.0 mg, Scrophularia nodosa D3 15.0 mg, Smilax D6 15.0 mg, Teucrium scorodonia D3 15.0 mg, Veronica officinalis D3 15.0 mg. Contains lactose. **Oral drops:** 100 g containing: Active ingredients: Araneus diadematus D6 5.0 g, Calcium phosphoricum D12 5.0 g, Equisetum hiemale D4 5.0 g, Ferrum iodatum D12 10.0 g, Fumaria officinalis D4 5.0 g, Gentiana lutea D5 5.0 g, Geranium robertianum D4 10.0 g, Levothyroxinum D12 5.0 g, Myosotis arvensis D3 5.0 g, Nasturtium officinale D4 10.0 g, Natrium sulfuricum D4 5.0 g, Pinus sylvestris D4 5.0 g, Scrophularia nodosa D3 5.0 g, Smilax D6 5.0 g, Teucrium scorodonia D3 5.0 g, Veronica officinalis D3 5.0 g. Excipients: Water, purified 5 g. Contains 35 vol.-% alcohol. **Injection solution:** 1.1 g containing: Active ingredients: Araneus diadematus D6 0.55 mg, Calcium phosphoricum D12 0.55 mg, Equisetum hiemale D4 0.55 mg, Ferrum iodatum D12 1.10 mg, Fumaria officinalis D4 0.55 mg, Gentiana lutea D5 0.55 mg, Geranium robertianum D4 1.10 mg, Levothyroxinum D12 0.55 mg, Myosotis arvensis D3 0.55 mg, Nasturtium officinale D4 1.10 mg, Natrium sulfuricum D4 0.55 mg, Pinus sylvestris D4 0.55 mg, Scrophularia nodosa D3 0.55 mg, Smilax D6 0.55 mg, Teucrium scorodonia D3 0.55 mg, Veronica officinalis D3 0.55 mg. Excipients: Sodium chloride 10.4 mg, water for injections 1089.6 mg.

**Indications: Tablets, oral drops, injection solution:** Improvement of lymphatic drainage, the non-specific immune defense, and conditions such as benign hypertrophy of lymph nodes, chronic tonsillitis, tonsillar hypertrophy and lymphatic edema.

**Contraindications: Tablets, oral drops, injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use: Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Oral drops:** This medicinal product contains 35 vol.-% ethanol (alcohol). **Injection solution:** None.

**Side effects: Tablets, oral drops, injection solution:** Allergic (hypersensitivity) skin reactions may occur in very rare cases (i.e. affects less than 1 in 10,000 users).

**Interactions with other medication: Tablets, oral drops, injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation: Tablets, oral drops, injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines: Tablets, oral drops, injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage: Tablets:** Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Pediatric: Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 1 tablet every 1 to 2 hrs., up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs., up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs., up to 8x daily, and then continue with standard dosage. Method of administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Oral drops:** Standard dosage: Adults (and children 12 yrs. and older): 10 drops 3x daily. Pediatric: Below 2 yrs.: 3 drops 3x daily. 2–5 yrs.: 5 drops 3x daily. 6–11 yrs.: 7 drops 3x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 10 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Pediatric: Below 2 yrs.: 3 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 2–5 yrs.: 5 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. 6–11 yrs.: 7 drops every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Method of administration: This medicine should be taken away from meals. For children, add drops to a small amount of water. **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage. Method of administration: Lymphomyosot, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

**Overdose: Tablets, drops, injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes: Tablets (9832):** Packs containing 50, 100 and 250 tablets. **Oral drops (10019):** Packs containing 30 ml and 100 ml. **Injection solution (9487):** Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each.

#### **Neuralgo-Rheum-Injeel® • Injection solution**

**Compositions: Injection solution:** 1 ampoule = 1.1 g containing: Active ingredients: Causticum Hahnemannii D10 1.1 mg, Causticum Hahnemannii D30 1.1 mg, Causticum Hahnemannii D200 1.1 mg, Citrullus colocynthis D10 1.1 mg, Citrullus colocynthis D30 1.1 mg, Colchicum autumnale D10 1.1 mg, Colchicum autumnale D30 1.1 mg, Colchicum autumnale D200 1.1 mg, Ferrum metallicum D10 1.1 mg, Ferrum metallicum D30 1.1 mg, Filipendula ulmaria D10 1.1 mg, Filipendula ulmaria D30 1.1 mg, Pseudognaphalium obtusifolium D10 3.3 mg, Pseudognaphalium obtusifolium D30 3.3 mg, Pseudognaphalium obtusifolium D30 3.3 mg, Lithium benzoicum D10 1.1 mg, Lithium benzoicum D30 1.1 mg, Rhus toxicodendron D10 1.1 mg, Rhus toxicodendron D30 1.1 mg. Excipients: Sodium chloride 10.3 mg, water for injections 1.072.5 mg.

**Indications: Injection solution:** Treatment of all types of neuralgic pain, of soft tissue rheumatism and symptoms of intervertebral disc hernia.

**Contraindications: Injection solution:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use: Injection solution:** None.

**Side effects: Injection solution:** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

**Interactions with other medication: Injection solution:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation: Injection solution:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines: Injection solution:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage: Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. Pediatric: 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. Pediatric: 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage. Method of administration: Neuralgo-Rheum-Injeel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route.

**Overdose: Injection solution:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes: Injection solution (8555):** Packs containing 5, 10, 50 and 100 ampoules of 1.1 ml each.

#### **Spascupreel® • Tablets • Injection solution • Suppositories**

**Compositions: Tablets:** 1 tablet = 301.5 mg containing: Active ingredients: Aconitum napellus D6 60 mg, Amanita muscaria D4 15 mg, Ammonium bromatum Trit. D4 30 mg, Atropinum sulfuricum D6 30 mg, Citrullus colocynthis D4 30 mg, Cuprum sulfuricum D6 15 mg, Gelsemium sempervirens D6 30 mg, Magnesium phosphoricum D6 30 mg, Matricaria recutita D3 15 mg, Passiflora incarnata D2 15 mg, Veratrum album D6 30 mg. Excipients: Magnesium stearate 1.5 mg; contains lactose. **Injection solution:** 1 ampoule (1.1 g) contains: Active ingredients: Aconitum napellus D6 2.0 mg, Amanita muscaria D4 0.55 mg, Ammonium bromatum D4 1.10 mg, Atropinum sulfuricum D6 1.10 mg, Citrullus colocynthis D4 1.10 mg, Cuprum sulfuricum D6 0.55 mg, Gelsemium sempervirens D6 1.10 mg, Matricaria recutita D3 0.55 mg, Passiflora incarnata D2 0.55 mg, Veratrum album D6 1.10 mg. Excipients: Sodium chloride 10.4 mg, water for injections 1089.0 mg. **Suppositories:** 1 suppository = 2.0 g containing: Active ingredients: Aconitum napellus D5 2.0 mg, Amanita muscaria D3 0.55 mg, Ammonium bromatum D3 1.10 mg, Atropinum sulfuricum D5 1.10 mg, Citrullus colocynthis D3 1.10 mg, Cuprum sulfuricum D5 0.55 mg, Gelsemium sempervirens D5 1.10 mg, Magnesium phosphoricum D6 1.10 mg, Matricaria recutita D2 0.55 mg, Passiflora incarnata D1 0.55 mg, Veratrum album D5 1.10 mg. Excipients: Hard fat 1989.0 mg.

**Indications: Tablets, Injection solution, Suppositories:** Spasms of the smooth musculature of the gastrointestinal and the urogenital tract.

**Contraindications: Tablets, Injection solution, Suppositories:** Known allergy (hypersensitivity) to one or more of the ingredients.

**Special warnings and special precautions for use: Tablets:** Patients with rare hereditary problems of galactose intolerance, Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicinal product. **Injection solution, Suppositories:** None.

**Side effects: Tablets:** Like all medicinal products, homeopathic medicines may cause side effects. In isolated cases transient allergies (e.g. urticaria, pruritus) as well as nausea have been reported. The frequency of these effects is not known. **Injection solution, Suppositories:** Like all medicinal products, homeopathic medicines can cause side effects in isolated cases, such as transient allergic reactions. The frequency of these effects is not known.

**Interactions with other medication: Tablets, Injection solution, Suppositories:** No interactions have been reported, and none are expected due to the homeopathic dilutions.

**Pregnancy and lactation: Tablets, Injection solution, Suppositories:** For this product no clinical data on pregnancy and lactation are available. Homeopathic dilutions of the substances present in this medicament are not known to be toxic during pregnancy and lactation. No adverse effects have so far been reported.

**Effects on ability to drive and use machines: Tablets, Injection solution, Suppositories:** No effects on the ability to drive and use machines have been reported, and none are expected due to the homeopathic dilutions.

**Dosage: Tablets:** Standard dosage: Adults (and children 12 yrs. and older): 1 tablet 3x daily. Below 2 yrs.: 1 tablet 1x daily. 2–5 yrs.: 1 tablet 1–2x daily. 6–11 yrs.: 1 tablet 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 tablet every ½ to 1 hr., up to 12x daily, and then continue with standard dosage. Below 2 yrs.: 1 tablet every 1 to 2 hrs. up to 4x daily, and then continue with standard dosage. 2–5 yrs.: 1 tablet every 1 to 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 tablet every 1 to 2 hrs. up to 8x daily, and then continue with standard dosage. Method of administration: Preferably allow the tablet to dissolve in the mouth, and then swallow. For children it is possible to crush the tablet and add to a small amount of water. This medicine should be taken away from meals. **Injection solution:** Standard dosage: Adults (and children 12 yrs. and older): 1 ampoule 1 to 3x weekly. 2–5 yrs.: ½ ampoule 1 to 3x weekly. 6–11 yrs.: ⅓ of an ampoule 1 to 3x weekly. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 ampoule daily, and then continue with standard dosage. 2–5 yrs.: ½ ampoule daily, and then continue with standard dosage. 6–11 yrs.: ⅓ of an ampoule daily, and then continue with standard dosage. Method of administration: Spascupreel, Solution for injection may be administered by the s.c., i.d., i.m. or i.v. route. **Suppositories:** Standard dosage: Adults (and children 12 yrs. and older): 1 suppository 3x daily. 6–11 yrs.: 1 suppository 2x daily. Acute or initial dosage: Adults (and children 12 yrs. and older): 1 suppository every 2 hrs. up to 6x daily, and then continue with standard dosage. 6–11 yrs.: 1 suppository every 2 hrs. up to 4x daily, and then continue with standard dosage. Method of administration: Insert suppository into the rectum.

**Overdose: Tablets, Injection solution, Suppositories:** No cases of overdose have been reported, and none are expected due to the homeopathic dilutions.

**Package sizes: Tablets (9749):** Packs containing 50 and 250 tablets. **Injection solution (8558):** packs containing 10 and 100 ampoules of 1.1ml each. **Suppositories (9573):** packs containing 12 and 60 suppositories of 2.0 g

#### **Important note:**

This folder contains helpful health information based on scientific data and is intended for educational purposes only. The information and/or treatment recommendations are not meant as a specific treatment for any individual and should not be construed as a substitute for or a contradiction of professional treatment recommendations by an attending physician or other qualified healthcare professional. Heel is not liable for any damage or loss caused or alleged to be caused, directly or indirectly, based on use of the information provided herein.

Be aware that medication names, indications, and/or formulas may vary from country to country and package inserts may provide country specific information. Therefore, you have to ensure that the content of any material you use is in line with your local law and any other regulatory and/or medical requirements.

#### **Biologische Heilmittel Heel GmbH**

Dr.-Reckeweg-Straße 2-4,  
76532 Baden-Baden, Germany  
www.heel.com