



# IS YOUR IMMUNE SYSTEM AS STRONG AS IT COULD BE?

I DOUBT IT



## IMMUNO-CARE FOR STRONG IMMUNITY

There's no set age when immunity decreases. It is kind of like grey hair, it happens for everyone at a different time.

Both T and B cell immune responses are affected by ageing, but the most striking change is observed in T cells the immune warriors that fight some viruses. The severity of disease can depend on the strength of these T cell responses.

## IMMUNO-CARE FOR IMMUNE FITNESS

Research has shown that plant sterols enhance immune function, lower cholesterol and provide anti-inflammatory benefits. Plant sterols target specific T-helper cells, resulting in a stronger immune response, strengthening a persons' resistance to numerous chronic diseases and infections.

In order to consume even 100 milligrams of plant sterols, a person would have to eat a minimum of 500 to 700 grams of fresh vegetables and fruit daily. Plant sterols are not easily absorbed due to the fibre content. Illness and older age also seriously reduce absorption.

Immuno-Care is enteric coated and by-passes the acidic area of the stomach which destroys a lot of delicate nutrients. No other plant sterol product has this component while also providing zinc, selenium and grapeseed extract for enhanced immunity.

**One capsule provides 300 mg of plant sterols.**

I have been in the field of naturopathic medicine for over 30 years and have had the opportunity to review and test many natural supplements. Immuno-Care stands out for me because of high-quality ingredients and overall effectiveness that I have witnessed over the years.



**Karen Jensen ND**

Dr. Jensen received her degree in naturopathic medicine in 1988 and although she is currently retired from clinical practice she continues to write books and lecture on natural and safe choices for optimal wellness. Dr. Jensen is author or co-author of seven books, the most recent is Women's Health Matters: The Influence of Gender on Disease.

**GIVE YOUR IMMUNE SYSTEM THE HELP IT NEEDS AND DESERVES**